

## Join us! UUCP Gather and Give 2025: Holiday Food Drive for our Neighbors



Formerly the Crisis Ministry of Mercer County

Please bring your holiday food donations to assist our neighbors in need on Sunday Nov 16, or Nov 23. Then plan to join the fun and make a difference in our neighbor's lives after the service on Sunday November 23, 11:45 to ~1 pm. We will use our 'helping hands and loving hearts' to sort and pack food donations in Robinson Lounge. Arm in Arm's staff will come collect our donations the following day. If Sunday Delivery times don't work for you, please contact Louise Senior to arrange an alternative appointment: [DrLSenior@gmail.com](mailto:DrLSenior@gmail.com). **The need is great – each month brings more visits to the Arm in Arm pantry than the month before. This year we are explicitly collecting holiday foods -- we will bag them up as specific 'fixings' bags. see the list of most-wanted food donations below.**

### Please bring these items:

❖ Stuffing Mix	❖ Vegetable Oil
❖ Canned yams/sweet potatoes	❖ Salad Dressing
❖ Canned corn	❖ Canned green beans
❖ <u>Salt and Pepper Shakers (new, filled)</u>	❖ Cream of Chicken Soup
❖ Ground Cinnamon	❖ French's-type Fried Onions
❖ Gravy mix (no glass please!)	❖ Brown Sugar
❖ Poultry Seasoning	❖ Vanilla Extract
❖ Pudding Mix	❖ Marshmallows

**In addition, long lasting fresh vegetables and fruit are also welcome. Great choices to donate are:**

❖ oranges and lemons	❖ onions
❖ winter squash	❖ sweet potatoes
❖ White potatoes	❖ Any other fresh long lasting veggie or fruit

**PLEASE do not bring Cranberry sauce or cranberry jelly – the Food Bank provides plenty!**

*I'd like to help more! What can I do?* If you'd like to help out at the Trenton or Princeton pantries, they would appreciate it! Contact Volunteer Coordinator Shariq Marshall at [shariqm@arminarm.org](mailto:shariqm@arminarm.org) to find out how you can help (he's a great guy!). Now that Arm in Arm is 'on the move' with mobile deliveries, help is also needed outside during food distributions.

**Questions?** Contact Louise Senior at [DrLSenior@gmail.com](mailto:DrLSenior@gmail.com) or text her at 609 240 6543.



**This Thanksgiving,**  
*Help hungry families set the table!*

*Thanksgiving Staples:*

- Stuffing mix
- Canned green beans
- Canned corn
- Canned sweet potatoes or yams
- Poultry seasoning
- Salt and pepper
- Cream of chicken soup
- Gravy mix (no jars or cans, please)
- Ground cinnamon
- No cranberry sauce, please

*We receive several pallets from the food bank*

To schedule a pick-up or drop-off contact  
Volunteer Coordinator Shariq Marshall.

609-396-9355 ext. 21 • shariqm@arminarm.org

*Bonus Item Ideas:*

- Vegetable oil
- Salad dressing
- French's fried onions
- Brown sugar
- Vanilla extract
- Pudding mix
- Marshmallows

*No glass containers, please.*

Please remember to check the  
expiration date on all donations.

*Thank you for partnering with Arm In Arm to  
help neighbors in need this Thanksgiving!*



**Please bring your food donations to UUCP on Sunday Nov 16 or 23 –  
Stay to help sort the goods after the Service on November 23!  
Questions? Contact Louise Senior, DrLSenior@gmail.com**