

UUCP partners with Arm in Arm for our Annual INGATHERING FOOD DRIVE!

UUCP In-Gathering Contact is Louise Senior

Donate Food Nov 7, Nov 14, and/or come help us sort it on Sunday Nov 21 after the service!

RSVP to Louise at <drlsenior@gmail.com>

ArmInArm

better together 

Formerly the Crisis Ministry of Mercer County

Here are suggested items, with our greatest need for the first three. No glass containers, please.

- Canned *low-sodium* vegetables
- Canned *low-fructose* fruit
- Canned tuna, salmon, chicken, or chili
- 1 lb. dried beans
- 2 lbs. rice
- Canned potatoes
- 1-2 lbs. pasta
- Cold cereal
- Peanut Butter
- Hot Cereal
- Shelf-stable milk
- Herbs & spices (plastic containers)
- Honey (plastic container)
- Olive and canola oil (plastic container)

**Due back
by Sunday
Nov 21!**

We help neighbors in need achieve stability through:

- Hunger prevention, nutrition education, & health screenings
- Housing stability & homelessness prevention
- Workforce development & employment readiness

TRENTON

123 E. Hanover St. 08608
48 Hudson Street 08609

PRINCETON

In Nassau Presbyterian Church
61 Nassau St. 08542

Learn more:



609-396-9355
info@arminarm.org
www.arminarm.org

We accept fresh produce, too! Best are items that last a long time -- like citrus fruits, winter squash, potatoes, onions, sweet potatoes, etc.
Thank you for filling our shelves for our neighbors in need.

Arm In Arm, formerly the Crisis Ministry of Mercer County, Inc., is a 501(c)3 non-profit community organization with no political mission. We do not discriminate on the basis of gender, sexual identity, age, ethnicity, race, religious status, or national origin.