



***Upcoming Sunday Worship Services***

**October 4, 2009 at 9:15 a.m. and 11:15 a.m.**

***Wisdom From the World's Religions***

How does the wisdom from the world's religions "inspire us in our ethical and spiritual lives"? What do we take from the wisdom and practices of other religions in our own lives and as Unitarian Universalists? How are we part of the interfaith world? This sermon is part of a series on the UU sources, and will feature the choir singing "many Windows, One Light" from Jason Shelton's powerful cantata, "Sources."

Worship Leaders: **Rev. Chris Reed**    Worship Associate: **Rachel Gittleman**  
Music: **Adult Choir, Beth Ertz, Marjorie Herman**

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**October 11, 2009 at 9:15 a.m. and 11:15 a.m..**

***Cleaning Out the Closet***

On this National Coming Out Weekend, let's talk about being GLBT in America. I'll tell you some things that may surprise you about being gay in the South. We'll explore some ways that straight Unitarian Universalists can be good allies to their GLBT sisters and brothers.

Worship Leaders: **Revs. Meg Barnhouse**    Worship Associate: **Sharon Copeland**  
Music: **Bell Choir, Beth Ertz, Marjorie Herman**

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**October 18, 2009 at 9:15 a.m. and 11:15 a.m.**

***Good Question!***

The best teachers are always asking questions. They know that if you give people the answer before they even ask the question, it's a waste of breath. Socrates is famous for asking questions, so were the Jewish rabbis, so were Jesus and the Buddha. Picture me giving you a brightly wrapped box. As you open the box, out spill a pile of smaller presents. Those are my gifts to you this morning: some of the best questions I know.

Worship Leader: **Rev. Meg Barnhouse**    Worship Associate: **Ted Fetter**  
Music: **Adult Choir, Beth Ertz, Marjorie Herman**

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**October 25, 2009 at 9:15 a.m. and 11:15 a.m.**

***Young Adults on the Spiritual Journey***

Come and hear our young adults (ages 18-35) who will be leading worship with me this Sunday, sharing their journeys with us. What brings young adults to Unitarian Universalism? In today's world, with various streams of fundamentalism and evangelism around us, as well as yoga and Buddhist practices, what do young adults bring with them, what questing and what gifts do they bring to this religious community?

Worship Leader: **Rev. Chris Reed**    Worship Associate: **Jordan Corn**  
Music: **Lori Ingwerson-Fadden—flute, Jeffrey Fadden—guitar, Beth Ertz, Marjorie Herman**

## Reflection Reverend Meg Barnhouse

I had just finished guest-preaching at a church on Long Island about half a year ago. Several people came in from the back parking lot to say there was a white car out there with a flat tire. It was the Chevrolet Kiya and I had rented at the airport. A dapper man with a red-gold mustache, blue eyes and a lovely suit told me he would be delighted to change the tire for us. He held my hands in a very courtly way and insisted it would be a pleasure for him. He went out with Kiya to begin. When I got out there he (we'll call him Craig) was kneeling on the ground placing the jack under the car. A very tall young woman (we'll call her Lou) was giving him instructions on where to put it.

Another tall woman, a friend of Lou's, was standing with us. "You know a lot about this," I said to Lou.

"Back in Tennessee I got my mechanic's certification," she said. "It was hard there because no one understood what I was going through, but finding these friends and this church just saved my life." I realized she was talking about a life back home where people would have looked at her and identified her as a man. The other woman standing with us was going through that same transformation in her gender identification. The four of us stood and watched Craig change the tire after getting him a car mat to kneel on so he wouldn't scuff up his trousers. He tried to wave it off, but we begged him to save the suit. He was glowing, changing that tire, while we admired his efforts.

A woman came out of the church. Seeing us standing there, she called out to me "Oh, you talk a good game about women's

empowerment (that's not at all what I had talked about, but people hear what they will hear) and there you are, four women watching one man change a tire." The five of us glanced at her and smiled. What she was actually looking at was more complicated than one could gracefully or briefly explain. Kiya started laughing a little. She was still smiling when we got in the car, having treated the very happy Craig to a round of applause.

"What are you smiling about?" I asked her.

"Here is what you don't know," she said. "Craig told me it had always been one of his fantasies to change a tire heroically in front of a crowd of appreciative women. We were making his fantasy come true."

"Fun," I said.

"I was also laughing about what that woman said about four women watching one man change a tire."

"Yeah?"

"She didn't know what she was seeing, all the way."

"No."

"What she also didn't know is that Craig told me he used to be a woman."

What am I saying by writing about this experience? That we often don't have all the information. We are quick-minded people, and we sometimes react before we know the situation. In a congregation where one of the ministers has just left, there are free-floating feelings of loss, guilt, disappointment, blame and anxiety. Those feelings are flying around the heads of people at worship, at meetings, in religious education classes, at

coffee hour. It's not bad. It's not good. What I am asking you to do is just notice.

If you find yourself upset or sad, or if you have questions about what is happening at UUCP, please feel free to speak up about those. I can't tell you how much I appreciate it when a person comes to me, to Chris, or another of the leaders with a concern rather than stewing about it or having "hallway conversations" that don't get us anywhere.

I'm going to be meeting with people who want to talk about this congregation a couple of Sunday mornings a month between the services.

I'll be asking what you think this congregation is doing well. What is it known for? What could it do a little better? Please join me for these conversations that will help UUCP's leadership get all the information – so we'll know what we're looking at as we watch this tire get changed!



**Congregational Meeting** to be held between the services at 10:30 AM on Sunday, October 4 in Channing Hall. The purpose of the meeting is to approve the proposed slate of the Ministerial Search Committee.

UUCP Board of Trustees

**Reflection**  
**Reverend Chris Reed**

How do we better connect the upstairs and downstairs? For those of you who have been around UUCP for a while, you know that this question, which has been asked for the last thirty years, does not refer to an architectural element, like a third set of stairs. It refers to the two-way isolation that we often feel between the religious education classes and families, who spend much of their Sunday morning downstairs, and the rest of the congregation who spend their entire morning upstairs.

We have come a long way in overcoming the barriers between these two worlds. More RE parents serve on congregation-wide committees, like the Board of Trustees and the Committee on Ministry, than in past years. But the isolation still exists and has recently taken on a new dimension, with many RE parents feeling that they do not have enough time on Sunday mornings to get upstairs, and enough time in their busy lives to attend other congregational programs.

This year our congregation is working on four goals that have been generated ultimately by all of you and the conversations that you have with the Board of Trustees. The Board developed four "ends policies" that in simple and general terms can be stated as: a greater focus on and retention of visitors, a better mix of the upstairs and downstairs, quality worship and quality adult programs.

A Nobel Prize winning economist speaking about economic growth versus the quality of life, said in the news this morning that "it matters what you measure. What you measure is what you'll focus

on." So we are starting to measure the mix of upstairs and downstairs, and we are starting to more seriously focus on possible solutions. The RE Council and RE staff have three new practices that encourage parents to "get upstairs" more often: fewer teachers per class, fewer classes, and fewer Sunday morning assistants.

When the 45 RE teachers met for their start-up meeting in September, we looked at this goal of mixing the upstairs and downstairs, and in small groups we identified several obstacles and then several solutions to the removal of each of these obstacles. It was a very rich conversation and we hope to continue it in all the RE parent coffees that are held in October. It is a conversation that we hope to share with the congregation this winter and that could lead us to further program changes. Meanwhile, we invite you to be part of the conversation by joining committees, attending parent coffees, speaking with a minister, staff member, or RE Council member.

And we invite all those who do not have children in the RE program to be part of that conversation. We also invite you to think of how you might bridge these worlds. Could you be a guest or teacher in a class or lead a children's worship service? Could you invite a class to participate in another area of congregational life? I cannot find a smooth transition, so let me abruptly add: Great mural! Thanks to all who helped create the John Murray mural in the Murray room. It is a great piece of art and a wonderful teaching tool!

**How are decisions made in this congregation?** The Board makes policy, steers the institution toward the Ends (found on the "governing documents" page of the web site) it chooses. The Executive Team, which is currently made up of the two ministers, decides how best to implement those Ends, and makes regular reports to the Board to let them know, as the representatives of the congregation, how things are progressing. Task groups of all kinds, committees, teams, councils, etc. are empowered by the Executive Team to share the ministries and responsibilities of working toward the Ends. Members and friends of the congregation may have input at any time by attending meetings of any committee, including the Board, or speaking to one of the ministers or a member of the congregation's staff. If you feel you have not been heard as you go through the existing channels of leadership, you are invited to speak with a member of the Committee on Ministry, which is a channel for dialogue with ministers or other congregants. If a member has an issue with a staff person, the group to which to take that is the Personnel Committee.

**Committee on Ministry:**  
**Karen Siracusa, Aaron Torrance,**  
**Steve Lang, Anil Warriar, Monica Sluyter**  
**Jurkowich, Lynn Whitney,**  
**Rev. Chris Reed, Rev. Meg Barnhouse**

**Harvest Dinner Friday October 9**  
**6:00p-8:30p Channing Hall**

The Harvest Dinner is a time when we welcome newcomers and reconnect with one another as the year gets into full swing. The ice-breakers, food and entertainment will all be family-friendly.

UUCP will provide spaghetti, with both vegetarian and meat sauces, ice cream and toppings. We ask those whose last names begin with **A-G to bring salad, H-P bring Italian bread, Q-Z bring apple cider** or other beverages. Feel free to bring friends!



Sign up on Sunday mornings in the lounge, or by sending email to [events@uuprinceton.org](mailto:events@uuprinceton.org)

Entertainment—Rev. Meg Barnhouse will read stories from her books and sing original songs like "Mango Thoughts in a Meatloaf Town" and "All Will Be Well." Featured guest will be Kiya Heartwood.

## Religious Education for Children and Youth

### New RE Parent Orientation

October 4, 10:30-11:10

#### John Murray Room

Parents who are new to our RE program are asked to participate in this orientation, where they will become acquainted with the goals and methods of our learning program. If your family is new to UUCP and you have not yet attended an RE Parent Orientation, please try to come! Childcare available in Room 9.

~Shelle Summers

### RE PARENT COFFEE SCHEDULE

Parent Coffees offer an opportunity for parents and teachers to connect with each other and for the parents to address their visions for their child's religious growth. **Please make every effort to attend your class Parent Coffee!**

(Please note some class dates have been changed since originally posted)

10/4 Youth Group, 12:30- 1:30

10/11 9:15 & 11:15 4<sup>th</sup>/5<sup>th</sup> Grades (in classroom)

10/18 Pre-K (both classes meet together, between services, 10:20-11:10 in classroom)

9:15 & 11:15 2<sup>nd</sup>/3<sup>rd</sup>

Grades (in classroom)

6<sup>th</sup>/7<sup>th</sup> Grades (both classes meet together) 5:00-7:00 p.m.

(Founders Room) ~Shelle Summers

### 8<sup>th</sup> GRADE COMING OF AGE PROGRAM STARTS OCTOBER 23

The Religious Education Committee will offer a Coming of Age program to all 8<sup>th</sup> graders, in addition to the OWL sexuality program, one or two times a month, on Friday evenings.

Our first meeting will be on Friday, from 6:30-9pm, October 23rd – in Channing Hall. This special program is designed to mark the transition from childhood to youth. What is a youth? A youth is

(8th Grade continued on page 5)

### Children's Worship & Religious Education Schedule

Sunday, October 4

#### A Hindu Goddess

9:15 and 11:15 Fahs Theatre

### New RE Parent Orientation

Between services, 10:30 to 11:10, John Murray Room  
Childcare available in Room 9

Sunday October 11

#### Mary Wollstonecraft, Famous UU

9:15 and 11:15 Fahs Theatre

Sunday, October 18

#### Bullying

9:15 and 11:15 Fahs Theatre

Sunday, October 25

#### Charles Darwin, Famous UU

9:15 and 11:15, Fahs Theatre

If you have any questions, call **Shelle Summers** (609-924-1604, ext. 14) [summers@uuprinceton.org](mailto:summers@uuprinceton.org)



### 2009-2010 Youth Advisors\* and Volunteers:

Nancy Gardner\*  
Maggie Beaumont  
Lauren Foss\*  
Jeff Bock  
Craig Rubano\*  
Peg Caruso  
Beth Surmont\*  
Bridgette Heller  
Kiya Heartwood

### YOUTH MINISTRY

Youthies new and old just had an awesome Welcome Retreat! We especially appreciate our beloved Youth Advisors, Maggie Beaumont, the Heller Family and the *Fantastic Youthies* who stepped up to model leadership, lots of love, and spiritual practices that nurture our soul!

### OCTOBER EVENTS

#### SAVE THE DATE

Nov 6-7—Youth/advisor Workshop @ Shelter Rock UU

Nov 7-8—MetroYouth Adult Committee @ Shelter Rock UU

### OCTOBER

Just about every Sunday Morning	<b>Morning Youth Group in Room 15</b>	11:00a—12:30p
One Evening a Month starting in October 2009	<b>Evening Youth Group in Fahs, Kitchen, Founders</b>	5:00-8:00p
10/4	<b>Youth Group</b>	11:00a—12:30p
10/4	<b>Youth Parent Coffee</b>	12:30p-1:30p
10/4	<b>Evening Youth Group</b>	5:00-8:00p
10/11	<b>Youth Group</b>	11:00a-12:30p
10/16-19	<b>EnviroCON @ Stonybrook UU</b>	Metroyac.org Registration
10/18	<b>Youth Group</b>	11:00a—12:30p
10/25	<b>Youth Group</b>	11:00a—12:30p

Contact **Pia O'Loughlin**, UUCP Youth Programs Coordinator, for more info:  
YPC @ [uuprinceton.org](mailto:uuprinceton.org) or 732.421.7008

*(8th Grade continued from page 4)*

someone who is not yet an adult, but not a child either. A youth is someone in middle school or high school. By participating in Coming of Age, we hope that the youth will:

- Assume responsibility for their own physical, mental, and spiritual well-being;
- Gain self-confidence and realize that their feelings are valid and that their opinions matter;
- Expand their vision of the world by allowing them to encounter differing views, cultures, and life experiences;
- Understand they have an important role in their family, their church, and the larger community;
- Develop a personal value system; and
- Realize they are non-judgmentally accepted in our church community, and that it is a safe place for them to be themselves.

The Coming of Age program is a powerful experience for the youth, but *parental involvement is essential*. Therefore, it is important for parents and youth to attend the Coming of Age Opening Ceremony *together*. The opening ceremony will be held the first meeting on October 23, 6:30 - 9pm, which includes a Potluck Dinner! *The whole family needs to understand this program and get their questions answered.*

~Pia O'Loughlin

*(Partner continued from page 11)*

which is 200 km far from here by train and fortunately found a place for 50 euros plus all what you consume in one month. 4 boys will live in three rooms. It is still more expensive than in the Unitarians home, but there is nothing to do. They promised that the minister's children will be automatically get a place in there but it did not happened so.

I would like to continue my studies

for another two years. This would contain two more courses, one to be able to teach in schools and one for manager in Hotels or guide for tourist groups. Last week I learned that I've been accepted to the master degree in Kolozsvar as the 5th on the list of 75 students. So I am very happy for this too. So at the beginning of October I will go back to Kolozsvar.

It was a quite busy summer, but it is already over. Fall is coming, the mornings are colder and colder. High school started two days ago. But fall also has it's own beauty and we have to celebrate and enjoy it.

Take good care of yourself and each other,

With love, Csongor

*We have just heard from Jakab that Csongor passed the first part of his driving license. More good news about our other two students: Delinke and Tibi are not continuing their studies any more. Delinke will teach at a school in a village nearby, Tibi is working in Kolozsvar.*

On behalf of the UUCP Partner Church Committee - **Sally Easter, Carl Haag, Ruth Tomlinson**

**The Mission Covenant of the Unitarian Universalist Congregation of Princeton**

*We come together in a free and open search for meaning within the mysteries of life.*

*We draw inspiration from the wisdom of the ages, guided by reason, intuition, and experience.*

*Transformed through our shared explorations, we are compelled to build a better World in harmony with all existence.*

*We commit to love, respect, and nurture each other in our lifelong spiritual journeys.*

*We pledge our hearts and hands, our minds and means to this sacred bond.*

**The UUCP Relational Covenant**

Our covenant affirms a commitment to build loving, healthy and trusting relationships within our congregation. We make these promises in order to love better, relate more compassionately and feel the power of our human connections.

*Our Promises:*

- ◆ We warmly welcome all.
- ◆ We speak with honesty, respect and compassion.
- ◆ We listen attentively.
- ◆ We express gratitude for the service of others.
- ◆ We honor and support one another in our spiritual journeys and in times of joy, need and struggle.
- ◆ We embrace our diversity and the opportunity to share our different perspectives.
- ◆ We address our disagreements directly and openly and see conflict through to an authentic resolution.
- ◆ We serve our spiritual community with generosity and joy.
- ◆ We strive to keep these promises, but when we fall short, we forgive ourselves and others and begin again in love.

*(Peek continued from page 10)*

congregants have formed an Energy Team to go over the report and prioritize the steps we need to take in order to gather additional information and obtain bids on renovations. That energy team is comprised of **Tom Prusa, Ray Nichols, Bob Van Schaick, Jeffrey Fadden and Ellie Whitney.**

One step that our Energy Team recommends for an immediate benefit is replacing all of the old fluorescent tubes in the ceiling lighting fixtures with "T8" tubes (and ballasts, where needed). T8 tubes are much more energy efficient and will pay for themselves quickly.

~Ellie Whitney

## Adult Programs

The programs planned and presented by the Adult Program Committee seek to further the mission of the Unitarian Universalist Congregation of Princeton by building community; nurturing spiritual growth; and being an active force for building a more compassionate, sustainable, and just world.

### NEWCOMERS' CIRCLES

This seven session program is an opportunity for newcomers to explore the central traditions and understandings of our faith. It is also a great opportunity to get to know 11 other people in a small group setting.

A Newcomers' Circle is part Covenant Circle and part discussion group for newcomers. The themes focus on the topics that are most compelling for those who are new to our faith and for those who are seeking religious community.

Newcomers' Circles meet for three months, twice a month for a total of seven meetings.

If you would like to join our next Newcomers' Circle, please sign up at the Welcome Circle in Robinson Hall on Sundays or contact **Rev. Chris Reed** at [reed@uuprinceton.org](mailto:reed@uuprinceton.org) or 924-1604, ext 12.

As we go forward to create new circles, please let us know which days or times work for you by filling out one of the grids at the Welcome Circle in Robinson Lounge or by contacting Rick. Our hope is to include all newcomers in circles and to have no one wait more than a few weeks.

### Signing the Membership Book Ceremony

This ceremony is for those who have previously taken the Introduction to Membership Class or have been in a Newcomer Circle and want to become members. Please sign-up at the Welcome Circle or contact Rev. Chris Reed at 609-924-1604 to arrange a time.

### SMALL GROUP

#### MINISTRY—

#### “Get Plugged In” Join a Covenant Circle

Covenant Circles create community, encourage spiritual growth, and invite authentic connection with one another. After a check in and short meditation, participants reflect on and share responses to questions that evoke our individual sacred stories.



- There is time for discussion, questions, and socializing for the last 20 to 30 minutes of each Circle. (The previous format did not give enough opportunity for this.)
- Each Circle is encouraged to get together socially a few times and/or work together on a social justice or service project.
- We grow new groups as needed, so that we hopefully turn no one away.
- Circles meet from year to year.

Please sign up at the Adult Program table in Robinson Lounge or contact **Shelle Sumners** at [sumners@uuprinceton.org](mailto:sumners@uuprinceton.org), 609-924-1604, ext. 14 or **Chris Reed** at [reed@uuprinceton.org](mailto:reed@uuprinceton.org), 609-924-1604, ext. 12 if you are interested in joining a Covenant Circle.

*(Adult Programs continued on page 7)*



The UUCP BOOKSTORE is open every Sunday between services. Contact **Alice Harper**: [aharper67@comcast.net](mailto:aharper67@comcast.net) 609 737-3046

### Interested in Adult Programs or working at the UUCP Bookstore?

For more information about any of the classes described on pages 6-9, visit the Adult Program table in Robinson Lounge or contact **Alice Harper** ([aharper67@comcast.net](mailto:aharper67@comcast.net), 609-737-3046)

### DO YOU HAVE A PROGRAM IDEA?

Is there a program or group that you would like to see at UUCP? Let us know and we'll try to make it happen. Do you have an idea for a program or group you would like to facilitate? We invite anyone with an idea for an Adult Program to submit a proposal to the Adult Program Committee. The proposal should contain

- an outline of the content
- the target audience and maximum number of participants
- time line (how many weeks/hours the course will require)
- suggested dates and times
- any costs for materials associated with the course (no fees may be charged for presenting an adult program)

All proposals will be reviewed by the Adult Program Committee and the ministers. Final scheduling and publicizing of the course will be the responsibility of the Adult Program Committee and the facilitators). Please submit any proposals to Adult Program Committee chair **Alice Harper** ([aharper67@comcast.net](mailto:aharper67@comcast.net)).

(Adult Programs continued from page 6)

## NEW PROGRAMS

### Telling Our Stories

We are inviting the elders of our congregation to share their life stories with us. Our friends often hear the richness of our lives for the first time at our memorial services. This is an opportunity for us to tell the stories ourselves. We will be recording these sessions with copies for our church archives as well as for the participants. Some of these interviews will take place at the Women's Alliance monthly meetings, some will take place between services on Sunday mornings, and some will be done at home, depending on the participant's preference. We are currently compiling a list of people we would like to share their life stories. If you have any suggestions for someone we might put on the list, or if you would like to participate yourself, please contact **Linda Benson** at [lindabenson5@gmail.com](mailto:lindabenson5@gmail.com), or **Carol Haag** at [revcarolh@verizon.net](mailto:revcarolh@verizon.net), or **Rev. Chris Reed** at [reed@uuprinceton.com](mailto:reed@uuprinceton.com).

### Nonviolent Communication

The Language of Power and Compassion has taught me to be aware of my language and thinking so that I can stay full connected to the worth and value in myself and others, no matter what we are saying or doing. It also has offered me practical, specific simple steps to help this happen. – Eliane Geren – certified trainer with the Center for Nonviolent Communication

- Are you tired of talking and feeling like you're not being heard?
- Do you feel frustrated when your message just isn't getting through?
- Wouldn't it be great if you were met with eagerness rather than a reluctance to listen to you?
- Has the language you've learned served you as well as you think it could?

Join Eliane Geren for this workshop designed to help you

\*Communicate in a much more successful way\*

\*Learn a way to communicate that helps people really hear each other\*

\*Get your needs met in relationships at home, work and in the community\*

The Language of Power and Compassion has the intention of valuing everyone's needs – defined as what makes ALL humans thrive. It is a life-transforming communication process.

Sunday Oct. 18 1 to 3 pm., Room to be announced. Sign up at [events@uuprinceton.org](http://events@uuprinceton.org).

### Women's and Men's Spirituality Circles

These two new circles are open to 10 women and 10 men who meet either once or twice a month to share their

spiritual journeys. Spirituality circles have the same framework as a covenant circle, with an opening reading and chalice lighting and check-in. There is a focus on spiritual practice that develops from the interest of the participants. The main focus of the session comes from the topics and questions that invite reflection on personal growth, our connections with others, and the stories of our spiritual journeys.

The groups are led by all participants, who share leadership after a 2 session orientation. When we have 10 registrants for the men's circle and 10 for the women's circle, we will meet on a Sunday morning to schedule regular meetings.

If you are interested in joining the Women's or Men's Spirituality Circles, please fill out a Small Group Ministry Registration Form at the Adult Programs table on Sunday morning, or call or e-mail **Shelle Sumners** ([sumners@uuprinceton.org](mailto:sumners@uuprinceton.org), 609-924-1604, ext. 14). For more information, e-mail **Rev. Chris Reed** at [reed@uuprinceton.org](mailto:reed@uuprinceton.org)

## ONGOING PROGRAMS

### U History Through Books - *The Epic of Unitarianism*

**Wednesday—October 7 and 21**

**2:00 p.m. and 7 p.m.**

*The Epic of Unitarianism* by David B. Parke. This is a compilation of landmark writings in our religious history from the 16th to 20th centuries. Included are documents written by Francis David, Joseph Priestly, John Murray, Theodore Parker and William Ellery Channing among others. Copies of the book are available in the UUCP Bookstore for \$14. The bookstore is currently open every Sunday between services and after the 2<sup>nd</sup> service. You can sign up at the Adult Programs Table in the lounge on Sundays or through [events@uuprinceton.org](mailto:events@uuprinceton.org).

### Scriptures Circle

**2nd and 4th Thursdays, October 8 & 22**

**7:00-8:30 p.m. in the Founders Room**

Join the twice monthly evening circle for those who would like to read the Hebrew Bible and the Christian New Testament from a Unitarian Universalist point of view, led by **Rev. Chris Reed**. You can join at any time. We bring many backgrounds and understandings to such a reading, including the historical and political contexts, the spiritual aspect of the writings, feminist theology, an exploration of the various traditions or writers, and our own individual experiences with the Bible. Please bring a Bible. You can use any version as the diversity makes for a richer discussion. If you are

(Adult Programs continued from page 7)

buying a Bible you may want to use the NRSV.

Sign up at [events@uuprinceton.org](mailto:events@uuprinceton.org) or at the Adult Program Table in Robinson Lounge on Sundays or attend the next meeting.

## Y oung Adult Circle

**Ages 20-35(ish)**

**Sunday, October 4**

**12:30-2:00 in the John Murray Room**

Come and join us at our next meeting as we continue to form a new Young Adult circle for our congregation. This is a unique spiritual stage in our lives, and our spiritual growth and enjoyment during this time is enhanced by a loving, supportive and social community.

We meet on the first Sunday of each month for fellowship and spiritual discussion, and the third Saturday of each month for a social activity. Please come and help shape this vital ministry to all who walk through our doors looking for such a community of peers.

To find out more about us, look for the flyer at the Adult Program Table in Robinson Lounge on Sundays. You can sign up in the lounge or by contacting **Valentine Ortiz-Meyer** at [datura1207@aol.com](mailto:datura1207@aol.com)

## A ging and Saging

**2nd and 4th Wednesdays of the month**

**Wednesday, October 14 & 28**

**10:30 a.m.—Noon in the John Murray Room**

**Always open to new participants**

**Led by Rev. Chris Reed and participants**

An ongoing program for all over 60 years old. Or anyone who feels over 60. We'll be using the UUA program—From Aging to Saging—as a resource along with several other resources, including participants' interests in various topics. This will be primarily a sharing of experiences, stories, feelings and information.

We offer this affinity circle for those who would like to meet during the day to create a community of loving, supporting, learning individuals who find it exciting to explore the terrain of getting older with one another.

"Sage" is apparently only a noun and an adjective, but for you purists out there, please consider that it resonates with both —age and, as someone over 60 just said, also with sag, both respected verbs.

Sign up by sending e-mail to [events@uuprinceton.org](mailto:events@uuprinceton.org) or on Sundays in Robinson Lounge at the Adult Program table.

## S peaking Spanish—Hablando Español

We are sorry that we have to again cancel this group. If we are able to restart this winter, we will let you all know.

## C UUUPS (Covenant of Unitarian Universalist Pagans)

**October 2**

**Friday near the Full Moon, 7:00-9:30 pm,**

**Memorial Garden in fine weather, Classroom 11 otherwise.**

All are welcome. The **Covenant of Unitarian Universalist Pagans**, or **CUUPS** (pronounced *cups*), is an organization chartered by the UUA in 1987 to practice and share Earth-centered traditions within the larger denomination. We seek to build bridges between 21<sup>st</sup>-century pagans and those who embrace other religious traditions, while celebrating the "interdependent web of all existence" as recognized in the Seventh Principle of Unitarian Universalism.

*All are welcome; we keep our content child-friendly.*

Contact **Elissa Hoeger** (609) 683-4409,

[hoeger@princeton.edu](mailto:hoeger@princeton.edu).

## G reat Books Reading Circle

**Sunday, October 11 at 1:00 p.m. in Room 7**

**Come and discuss *Interpreter of Maladies* by Jhumpa Lahiri.** Reviewers note that "*India is an inescapable presence in this strong first collection's nine polished and resonant tales*" exploring the inner lives of those who make up the modern Indian diaspora. Join us for shared reflections and cookies.

(For more info: contact **Karen Siracusa** at [kn.siracusa@att.net](mailto:kn.siracusa@att.net) or 609-649-8260)

## C reative Journaling

**Third Monday of the month—**

**October 19**

**7:00 p.m.—9:00 p.m. in the Founders Room**

We meet the third Monday of the month, in the Founders Room, so if you have a hankering to try something completely different, join us.

We come with blank books; we play with paper, glue, color and juicy markers, and we share a bit about this process.

(All materials are provided; all you need is yourself and a blank journal.) No experience needed; writers, artists, poets, thinkers, be-ers, do-ers, it's all good.

Do e-mail **Emily Townsend** if you are interested in joining us, so we know to expect you.

[Emtheartist@yahoo.com](mailto:Emtheartist@yahoo.com)

(Adult Programs continued from page 8)

## Gentle Yoga Class

**Saturdays 10:00 a.m.—11:15 a.m. in the Founders Room or Channing Hall**  
**All levels welcome!**  
**Childcare available in Room 9 (Please R.S.V.P.)**

Yoga comes from the Sanskrit word —yuj— meaning —to meditate deeply— or —to concentrate oneself. Yoga is meditation through motion, practice in calming the mind through a series of poses. It is physically energizing and mentally restorative. Contact **Autumn Fiester** to R.S.V.P. for childcare [Fiester @ mail.med.upenn.edu](mailto:Fiester@mail.med.upenn.edu) 215-573-2607.

## Integral Yoga

**Mondays 6:30p.m.—8:00 p.m. in Channing unless otherwise noted on the bulletin board in Robinson**

Beginners and experienced practitioners of all ages are welcome to this Integral Yoga level-one class. No matter how stiff or out of practice you are, Yoga offers stress relief, physical stretching and toning, an oasis of peacefulness in your busy week. Class will meet for 90 minutes each session, 6:30–8:00 pm Mondays; attend as your schedule permits. While no two classes are likely to be the same, classes are not cumulative; the point is the “practice” rather than the “education.”

Participants should wear loose, comfortable clothing and bring a sticky mat if possible. (A few mats are available from instructor, so don't let that stop you.) If you have other yoga gear and want to bring it, of course you're welcome to do that. Like all Adult RE classes at UUCP, this class is offered at no charge.

Questions? Contact instructor **Maggie Beaumont** at 609-466-8117 or [mabeaumont@juno.com](mailto:mabeaumont@juno.com). Please note: class will USUALLY meet in Channing Hall, but there are a few scheduling conflicts in the calendar. Check the bulletin board at the front door if something else is in Channing when you arrive.

## UUCP Adult Singles

The UUCP ADULT SINGLES is an INTERACTIVE, PARTICIPATORY social network. We have no upper or lower age limits. Our members are single, divorced and widowed.

Sign up to learn about and suggest activities and events of interest; request and find companionship to attend a film, lecture, hike, or...

To JOIN, just send email to: [uucpsingles@googlegroups.com](mailto:uucpsingles@googlegroups.com)

Visit the group at <http://groups.google.com/group/uucpsingles>

## A Course in Miracles

**Sundays 11:15 a.m. in Room 15**

A Course in Miracles will be continuing to study the Workbook for students in October. Topics will include: October 3<sup>rd</sup> “you stand with me in the light.” October 10<sup>th</sup> Let me recognize the problem so it can be solved. It is a grievance which can be solved through my forgiveness. October 17<sup>th</sup> Miracles are seen in the light of love. I am not weak but strong. October 24<sup>th</sup> God's strength in you is the light in which you see. October 31<sup>st</sup> Light Joy and Peace abide in me. My sinlessness is guaranteed by God. Come and share your spiritual wisdom in our group discussion. Hope to see you in Room 8 at 11:15. All are welcome

~Hil Anderson

### Volunteers needed to help refurbish the light fixtures

Following our successful experience with UUCP volunteers replacing the fluorescent light fixtures in Habitat's Learning Center in Trenton, the subcommittee recognized that it could call upon members of the congregation to do this work in our building, and thus avoid the cost of hiring electricians. However, the actual work cannot begin until after representatives of PSE&G have conducted a pre-inspection of our building and authorized the rebate.

While people with prior experience working with electricity and light fixtures are sought, anyone wanting to learn how to do this type of work will be welcome to help and "learn on the job". To prevent anyone from having a shocking experience, the relevant electrical circuits will be turned off while the work is being done.

If you would like to volunteer to help refurbish our lights, please send your name, phone number and e-mail address to **Ray Nichols** at: [acer-nichols@verizon.net](mailto:acer-nichols@verizon.net). He will then notify you when the work party will be held (probably on a Saturday or Sunday afternoon.)



## Community Building

### Women's Alliance

The Women's Alliance welcomes ALL to its monthly 3<sup>rd</sup> Thursday lunches and programs. We will meet in the Robinson Lounge at 11:45 AM to mix and mingle, then move to the Founders Room, where luncheon begins at noon and the program follows at about 1 PM. Please bring a salad to share. Drinks and desserts will be provided. This year the Alliance will be collaborating with the Adult Program committee to present a series of "Telling Our Stories," videotaped interviews with some of our amazing senior members who have lived fascinating, engaged and committed lives. We hope you will join us. Here are the programs for the fall. **Judi Marks**, (770) 938-2791, judi3158@yahoo.com

October 15 – **David Todd** – The first in the "Telling Our Stories" series, David will share many aspects of his life journey. He is one of the few remaining founding members of this congregation, attending while he was a student at Princeton University.

November 19 – **Womanspace** - For over 30 years, Womanspace has been serving the needs of women in crisis. It has served more than 259,000 adults since it was founded. We will hear details about the wonderful work this organization does.

### UU Connections

"It happened in Syracuse." You may not have known this. However, dramatic events occurred during the "1959 Conference at Syracuse" when negotiations were completed for consolidating the American Unitarian Association (AUA) and the Universalist Church of America (UCA).

A 50th Anniversary Conference is being held on the same days, Oct. 30-31, in the same ballroom at the same hotel, the Hotel Syracuse. Speakers include four prominent UU ministers: David Bumbaugh, David Parke, Richard Gilbert and Elizabeth Strong. Read

more about this pivotal moment in the history of Unitarian Universalism at <http://sld.uua.org/50thAnniversary/50thanniversary.html> or on our bulletin board in Robinson Lounge. Should you want to attend, call **Carol and Carl Haag** who are driving to the Celebration.

### Men's Retreat

The fourth annual Unitarian Society of Germantown Men's Retreat will be held October 9-11, 2009 at the Murray Grove Retreat and Conference Center in Lanoka Harbor, New Jersey. This has been a very successful retreat for some years. This year they have decided to open it to congregations within reasonable driving distance. All men are welcome to attend.

In the past, activities have included yoga, hiking, drumming around a bonfire, poker, workshops about building community, and worship in the 19th century chapel.

This is a great opportunity to get to know and bond with other men from USG and other area congregations of UU men. The cost for the weekend is \$150, which includes Friday supper, three meals on Saturday, and Sunday breakfast. For more information, please contact Hal Krieger 215-848-2524 or [haroldkrieger@verizon.net](mailto:haroldkrieger@verizon.net) or Wally Moyer at [WalterMoyer@TheBottomLineInc.net](mailto:WalterMoyer@TheBottomLineInc.net) ~Carol Haag

### UUCP Co-Sponsor of Annual Peace Action Event

**A PEACE ECONOMY FOR THE US AND THE WORLD** will be the subject of the annual Coalition for Peace Action

conference and Interfaith Service on Sunday, November 15 on the Princeton University campus. Rabbi Michael Lerner will be the preacher; afternoon speakers will be military budget experts Lawrence Korb, Bill Hartung, and Eugene Jarecki. UUCP is one of a long list of community and religious co-sponsors. **Pat Radtke** of UUCP is Chairman of the coalition Peace Education Committee. To register, go to [www.peacecoalition.org](http://www.peacecoalition.org).

~Carol Allen

### Trenton Area Soup Kitchen needs UUCP! (T.A.S.K.)

Our church regularly serves food on the fourth Monday of each month. Volunteers should plan on arriving at 10am and will be finished serving lunch by 1pm. Please consider signing up, it's a nourishing practice for our spirits.

To volunteer, contact **Martin Veintraub** at 609-918-9000 or at [mveintraub@comcast.net](mailto:mveintraub@comcast.net)

Next T.A.S.K. Dates:

Monday, October 26

Monday, November 23

(Peek continued from page 12)

Another factor may be the age of our building. Part of it was built 50 years ago, and another part 41 years ago. Our energy systems have been modified from time to time by different engineers and, as is common with many large, old buildings, some of the manuals and diagrams have been lost, making it difficult to analyze possible sources of high electricity usage.

All in all, the energy audit warrants some close attention and further exploration if we are to reap the benefits. Toward that end, a dedicated, knowledgeable group of

(Peek continued on page 5)

## Social Justice

### Annual East Trenton Center/ Habitat for Humanity And UUCP Halloween Party! Volunteers Needed!

**Date:** Saturday, October 24  
**Time:** 2pm-4:30pm  
**Where:** East Trenton  
Community Center  
601 N. Clinton Ave.  
Trenton, NJ 08638

**To get involved:** please contact  
**Stephanie Hanzel Cohen**  
[socialjustice@uuprinceton.org](mailto:socialjustice@uuprinceton.org)

### PLEASE DONATE COSTUMES

We hope that RE families – and other congregants – can collect and donate gently used Halloween costumes! Please bring donations to the box located in the church hallway,

near the Crisis Ministry food pantry (and coat rack). Contact **Louise Senior**



(609 688 8847, [Louise.senior@verizon.net](mailto:Louise.senior@verizon.net)) for further information. Please donate your costumes by Sunday, October 18 so that they can be sorted for donation to children and families during the Habitat party on October 24.

In addition, we encourage RE families to participate in some reverse trick or treating by spreading the word about Fair-trade chocolate! For more information, see [http://www.uusc.org/content/participate\\_third\\_annual\\_reverse\\_trick-or-treating](http://www.uusc.org/content/participate_third_annual_reverse_trick-or-treating) and watch your UUCP e-mail for news!

## Partner Church

*Our UUCP Partner Church relationship with the Feheregyhaza congregation in Transylvania began over a decade ago. On a trip to Eastern Europe, members of UUCP visited this small village in Romania and were treated to a warm welcome by their members and the Rev. Jakab Benedek in their unfinished church building. We have helped them in completing the church and building a Guest House. We have also assisted three students in their high school and college studies. Our Partner Church Committee recently received this letter from Csongor:*

Hi!

First of all, I have to introduce myself. My name is Benedek Csongor, the one and only son of Jakab (the minister of Feheregyhaza and Segesvar) and Eniko. I am also one of the three students who are supported by the Partner Church and Scholarship Program.

At this moment I would like to say thank you for your help and support to all of our friends in Princeton. We have many friends there so of course you can ask them to tell more about me, if you wish. This is a little bit about me, my summer, studies, future plans, etc. I hope it won't take many of your time.

So, I finished the first 3 years of the university. I have worked a lot on my final project at the faculty, and it turned out to be one of the best of 72 other projects. So I was very proud. Of course I also had to "defend" it in front of two professors, so I had to make a Power Point Show but that was OK too.

So after all this I came home to Segesvar on the 4th of July. My parents left Segesvar on the 5th, so we didn't have much time to talk about Kolozsvar and about the university. They went to their birth village to work at their retirement house. I had to stay at home to take care of the house and also to start my classes for the driving license, because in Romania it is a little bit complicated.

I have to pay almost 300 euros, then I have to drive 30 hours with a special car,

with the help of a special instructor. Meanwhile I have classes twice a week where we learn all the theoretical rules of driving on the different type of roads. Now in September I having the theoretical exam, after that, if I pass that one and only if I do, I have another one in driving in the town. A policeman will sit in the car with me and will be the "judge". So it is difficult.

At the beginning of August I went with my parents and another family on a trip for 3 days to a lake and than to the Carpathian mountains. It is unbelievable. It is more than beautiful. It is called



the Transfagarasan. The road for the cars takes you up to 2100 m high but it's open only in summertime otherwise it's too dangerous. It was fabulous.

In late July I was informed about the boarding school, the Unitarian student home in Kolozsvar (where I had lived for 4 years), that I can't go back because after 4 years they have to support others too. So two weeks ago I had to go to Kolozsvar

*(Partner continued on page 5)*

## UULMNJ Action Team

The UUCP Legislative Ministry Action Team will hold its initial organizing meeting:

*Tuesday, October 20, from 7 – 9 p.m. Founders Room.*

The Action Team is our congregation’s liaison to the Unitarian Universalist Legislative Ministry of New Jersey (ULMNJ), an affiliation of 13 UU congregations in New Jersey aimed at impacting social justice and public policy issues in our state. The UULMNJ website can be found at <http://www.uulmnj.org> and the email address is [uulmnj@uulmnj.org](mailto:uulmnj@uulmnj.org). This e-mail address is being protected from spam bots, you need JavaScript enabled to view it where you can sign up to receive periodic bulletins about the ongoing work of this ministry. Formalized in February 2009, it is currently conducting issue research on Economic Justice, Health Care, Environment, and Emerging Issues.

The UULMNJ is conducting a Fall Issues Workshop Saturday, October 3, 9 a.m. - 1 p.m. at the Unitarian Church in Summit, 4 Waldron Avenue, Summit, NJ 07901 for all interested parties.

At our mid October Action Team organizing meeting, your co-liaisons will report on the October 3 workshop. At that meeting we will consider a proposed Mission statement and eight action objectives for the year. We are setting up a list host for those interested in our congregation’s effort based on earlier sign up sheets. If you are not certain you signed up or would like to add your email address to the list, please contact Diana Gray. We will notify you the meeting time, location, and send you the draft mission statement and annual objectives for review.

UUCP members serving as co-liaisons to the UULMNJ are **Diana Gray** [inada61gray@yahoo.com](mailto:inada61gray@yahoo.com) and **Arlene Lance** [arlene.lance@bms.com](mailto:arlene.lance@bms.com)



The UU Legislative Ministry of New Jersey Fall Issues Workshop \* Saturday, October 3 9am – 1pm At The Unitarian Church in Summit, Summit NJ  
Please pre-register by emailing [workshop@uulmnj.org](mailto:workshop@uulmnj.org). or calling (609) 672-7331.

Now more than ever, let our voices be heard! If you are already involved with the UULMNJ, or if you are interested in volunteering your time to bring our liberal religious values and principles into the public arena, we invite you join us at our Fall Issues Workshop!

This gathering will be a working session to:  
\* Review (or learn how) the legislative process in New Jersey works  
\* Better understand the role of Congregational Liaisons and Action Teams

\* Hear about the ongoing work of our Task Forces: Health Care, Environmental Justice, Economic Justice, and Emerging Issues

~Julia Hamilton

## Green Sanctuary

### A Peek at the UUCP Energy Audit

“Improving the energy efficiency of our building” rates high on the list of tasks with which the UUCP’s Green Sanctuary Committee is charged. But how, exactly, do we go about accomplishing such a monumental task?

For starters, the Unitarian Universalist Association of Congregations (UUA) has urged us – and all UU congregations – to get a professional energy audit. An energy audit helps assess how much energy your building consumes and evaluates measures that can be taken to make the building more energy efficient.

In January 2009, an energy management expert, Andrew Rudin, conducted an energy audit at UUCP. Mr. Rudin was recommended to us by GreenFaith, a New Jersey-based interfaith coalition for the environment. Mr. Rudin spent an entire day going over our energy systems and

## COFFEE! COFFEE! COFFEE!

### Volunteer for Autumn Sundays

Universal coffee sharing provides fellowship after both Sunday services. Fair Trade Coffee, caf and de-caf, is available, along with teas and hot chocolate. In order to be *absolutely fair*, coffee service and clean-up must be divided equally among all of us at UUCP. Sign up for the Sunday of your choice (when you aren't busy with duties of choir, brunch-making, ushering, worship associate, trustee, Search Committee, etc.)

Universal means everyone of us; newcomers are urged to help with with coffee; instructions are provided. Our custodian, Jorge, makes the big pots of coffee.

Volunteers for 9:15 service provide milk, set out cups, and collect used cups into a dishwasher rack.

Volunteers for 11:15 service freshen milk, tidy the coffee area, and then, after the coffee hour, run cups through the dishwasher. Sign up in Robinson Lounge for this universal UU experience. ~Carol Allen

electrical appliances, and then submitted a thorough, 20-page report. It includes detailed information about our appliances, room temperatures, lighting, thermostats, and more.

Since then, the Green Sanctuary Committee has been studying the report and deciding how to proceed: what to do first.

One of the things Mr. Rudin discovered was that our electricity usage is very high. While two-thirds of our energy consumption is for natural gas (used mostly for heating), we also use 2.9 kilowatt-hours of electricity per square foot per year. That’s twice as much as other facilities like ours, he says. One reason may be that we use our building for more hours per week than some other congregations do.

*(Peek continued on page 10)*

## Grace Notes



Adult Choir members answer the question:

### “Why do we sing, anyway?”

I joined because I was weak from months the hospital, where my voice was reduced to a whisper. I'm grateful to Marjorie for being accepting and inclusive, and now the voice is becoming once again sweet. -- Mary Clurman

For all the years that I have been on-and-off in choir, I am sometimes still gloriously amazed by the way we can sing a piece. And I'm thrilled that I am a member of the choir that just sang that. I feel so fortunate to be getting what amounts to voice lessons. I have no formal vocal training, and my improvement, over many years, has also been glorious! -- Gloria Gietz

Adult Choir meets Wednesday evenings from 7:30pm til 9:00pm. We sing for the second service roughly every other Sunday. Anyone interested in participating is welcome, and invited to come and give it a try, or contact Marjorie for more information.

Parents of children interested in singing with Kids' Chorale should contact Marjorie at [marjuse@optonline.net](mailto:marjuse@optonline.net) before Sunday, Oct. 4.

We continue with our new monthly feature in Skylights that will highlight our “Hymn of the Month” in this column. This month our chosen hymn is # 15, “The Lone Wild Bird.” It's a beauty. We'll get to know this hymn by singing it during Sunday services this month (along with other hymns), and by the end of the month, it just might be one of your favorites.

### **October Hymn of the Month:** # 15 “The Lone Wild Bird”

This lovely tune has its roots in American Psalmody. It's from William Walker's *The Southern Harmony*, published in 1835. Walker (1809-1875), of Spartansburg, South Carolina, used this tune and others to conduct singing schools in the southeastern states. This was “shape note” singing, a hardy and angular style of singing, the rhythms of which were taught by having different shapes for varying lengths of the notes.

H. R. MacFayden (1877-1964), the son of a Presbyterian minister, serviced the Presbyterian Church at Pinetops, North Carolina. This, his only hymn text, was written for a hymn-writing contest (at which he was awarded third prize.)

Our Concert Series **Sunday Serenades** begins this month, **October 18** at 3:00pm, with Jerry Rife and the Rhythm Kings, an afternoon of traditional jazz.

This enthusiastic six-member jazz band thrills audiences of all ages with its upbeat traditional Dixieland Jazz music. The band was organized in 1984 by Jerry Rife, a Professor at Rider University. Dr. Rife was Associate Producer of the 90-minute WGBH/PBS [The American Experience](#) documentary “If You Knew Sousa”. The band performs the hot-jazz style music prevalent after World War II, known as ‘revival jazz’ music. The group has performed at Longwood Gardens and for the Tri-State Jazz Festival, and continues to be inspired by the recordings of the great early bands of New Orleans, most notably the New Orleans Rhythm Kings and the Original Dixieland Jazz Band.

Tickets (\$15 each, or 5 for \$50\*) will go on sale between services beginning October 4.

Here's the rest of the Sunday Serenades schedule:

Sunday, November 8 at 3:00 p.m.	Bravura Chamber Ensemble, Grieg, Beethoven, with Melissa Bohl and friends
Sunday, February 14 at 3:00 p.m.	A St. Valentines Serenade, Artists TBA
Sunday, March 14 at 3:00 p.m.	Mountain View, stomping to blue grass and Country with John Wells and friends
Sunday, April 11 at 3:00 p.m.	Music Ministry Spring concert: <b>Carmina Burana</b> by Carl Orff highlights the program

Through this concert series, we're hoping to raise funds to support the hiring of professional musicians for Sunday services and other projects. Kindly support us and be entertained at the same time!

\* One for each of the five concerts, or use some or all of them for the same concert. ~Marjorie Herman

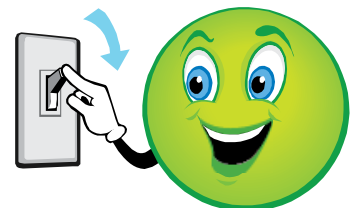
### **Green Sanctuary Committee recommends ways for UUCP to reduce the generation of Greenhouse Gases while saving money by reducing its use of electricity**

Last year, Henry Powsner and members of the Green Sanctuary Committee posted signs by light switches throughout the building in an effort to remind us to turn off lights and air conditioners when they were not needed. By simply flicking a switch, all of us can thus easily reduce the demand for electricity, and thereby prevent the burning of fossil fuels which produces the greenhouse gases that are slowly but surely affecting Earth's climate.

~Ray Nichols

#### **UUCP Solar Photovoltaic System**

July Kw Usage: 2275  
Certificates Earned: 2  
Current selling price: \$675/certificate



## Joys and Sorrows

To help nurture a beloved community here in this congregation, please remember to share significant events in members' lives with the Pastoral Associates, who are charged with extending the pastoral ministry. This column is a place to inform the larger community of major events in people's lives. Sometimes people want to have their news shared; sometimes privacy and confidentiality prevail. Items for this column should be sent to [skylights@uuprinceton.org](mailto:skylights@uuprinceton.org). All items will be reviewed by the Pastoral Associate leadership team before printing (Jon Krejci, Rev. Chris Reed, and Carol Haag).

### Give Thanks for our Pastoral Associates Program!

Last April, I suffered a bad fall and broke my arm. Luckily, my recovery is going very well and a large part of the credit for that goes to our Pastoral Associates Program! Ably led by **Karen Siracusa**, members of our congregation volunteered to bring me food, help me around the house, and transport me to therapy sessions throughout the spring and summer. As wonderful as all these things were, their greatest gift was human connection. Even on days of sadness or discouragement, I did not feel alone. Their visits and car trips cheered me. Hearing about their blessings and heartaches prompted me to see/feel beyond my immediate cares of arm recovery and into the greater world around us. Their active caring buoyed my sense of optimism, confidence, and faith – so crucial in a long recovery.

So, I hope everyone has a healthy and happy year ahead. But if you find yourself in need of some help, don't be afraid to contact our Pastoral Associates. This spiritual path of giving, receiving, and sharing is truly one of joy! Thanks to all – **Candus Hedberg**

For more Pastoral Associates information contact **Carol Haag** 609-924-5857 [RevCarolH@verizon.net](mailto:RevCarolH@verizon.net) or **Jonathan Krejci** 609-921-3032 [jaklrp@verizon.net](mailto:jaklrp@verizon.net)

Congratulations and thanks to **Elizabeth Peck** for creating,

masterminding and carrying through to completion the Murray Mural in the John Murray Room. It is an extraordinary work of art and an amazing community-building project.

Sad news. **Charlie Parker's** wife, Joyce, died Saturday, August 29 of congestive heart failure. Charlie is a long time member of our congregation. He and Joyce were in California spending time with their daughter. Joyce was of the Christian Science faith, and a Christian Science memorial service for her, was held on Saturday, September 26, at 10:00am. We extend our love and condolences to Charlie and to his family.

This summer was an eventful one for **Donna Person, Albin Wagner** and **Grace Greenleaf**. Albin had another local history on his home town, Brighton, Colorado published this summer, the fifth book he has authored on Brighton and Adams County. He returned to Colorado in September for a number of lectures and book signings to promote the book. Donna has been occupied painting a number of portraits she received commissions to do over the summer.

Most importantly, their granddaughter, Grace, celebrated her 18th birthday this summer. As a result, Grace and her grandparents, who had gained custody of her, are now free of the courts in Wyoming. Donna and Albin wish to thank everyone in the congregation who helped to save Grace. Grace is now enrolled as a full-time student in art classes at Mercer County Community College and plans to eventually transfer to a larger college or

university. Donna and Albin said that, "Without the all the support and assistance of this congregation her life would have been very different."

If you missed **Joan Waite's** wonderful concert at UUCP last spring, (or want to hear it again) you have a second chance in November. Thank you, Joan, for your music and your generosity. **JOAN WAITE**, mezzo-soprano, will give a Repeat Benefit Performance of "Travel the World in Song" at the Nassau Presbyterian Church in Princeton on Sunday, November 1 at 3:00 p.m. A free will offering will benefit the Crisis Ministry of Princeton and Trenton.






**Karen Siracusa's** son **Paul** had his appendix out Thursday evening around midnight September 17 and was in the hospital all day Friday. Karen reports that he did fine.

### The e2 covenant circle welcomes new members!

The e2 circle is unique in many ways: 1) We're the only UUCP circle with a lower case namesake (Unitarian poet ee cummings); 2) We're the only circle that meets twice a month, hence the "2" (the 2nd and 4th Wednesday of each month, 7:15 pm); 3) We don't have a formal circle leader -- members take turns facilitating the discussion as they are willing and able; 4) Discussion leaders can follow a recommended discussion guideline or can choose to talk about something completely different; and 5) We tend to have a little bit of an attitude -- we started as a Newcomers group and just kept going! We warmly and enthusiastically welcome new members. If you're interested, please check in at the information table or contact **Shelle Sumners** [sumners@uuprinceton.org](mailto:sumners@uuprinceton.org) /609-924-1604 x14

View the current calendar online at:  
<http://plus2.calendars.net/uuprinceton>

**OCTOBER 2009**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
<p>Full Moon ☉</p> <p><b>OCT 4—TWO Services—9:15 &amp; 11:15</b>                      Brunch sponsored by Campus Ministry                      10:20a-11:10a New Parent Orientation—Murray                      Channing                      10:20a-11:10a Congregational Meeting—                      Channing                      10:35a-11:30a Kids' Choral Rehearsal—Room 2                      11:00a-12:30p Morning Youth Group—Room 15                      11:15a-1:00p A Course in Miracles—Room 8                      12:30p-1:30p Youth Parent Coffee—Room TBD                      12:30p-2:00p Young Adults—Murray Room                      5:00p-8:00p Evening Youth Group—Room 15</p>	<p><b>OCT 5</b>                      6:30p-8:00p Integral Yoga Class—                      Channing</p>	<p><b>OCT 6</b>                      7:00p-9:00p RE Council (every                      first Tues) — Founders Room  <b>Jorge Garcia Salas' Birthday</b></p> 	<p><b>OCT 7</b>                      1:30p-4:00p UU History Through                      Books—Founders                      6:30p-9:00p UU History Through                      Books—Founders                      7:15p-9:00p Covenant Circle (1st Wed) -                      Murray Room                      7:30-9:00p Adult Choir Practice—                      Channing Hall</p>	<p><b>OCT 8</b>                      7:00p-8:30p Scriptures Circle (2nd                      Thu) - Founders                      7:30p-9:00p Bell Choir Rehearsal—                      Channing</p>	<p><b>OCT 9</b>                      6:00p <b>Harvest                      Dinner—                      ALL Upstairs—                      All Congregation</b></p>	<p><b>OCT 10</b>                      8:30a-1:00p Pastoral                      Associates Meeting &amp;                      Training—Murray Room                      8:30a-3:00p Trenton-                      Habitat Work Day (2nd                      Sat)                      10:00a Gentle Yoga                      Class—Founders Room                      10:30a-1:30p Board of                      Trustees —Murray &amp;                      Room 15</p>
<p><b>OCT 11—TWO Services—9:15 &amp; 11:15</b>                      9:15a Parent Coffee: 4th/5th                      10:35a-11:30a Kids' Choral Rehearsal—Room 2                      11:00a-12:30p Morning Youth Group—Room 15                      11:15a-1:00p A Course in Miracles—Room 8                      1:00p Great Books Reading Circle—Room 7                      11:15a Parent Coffee: 4th/5th                      12:30p-3:00p Welcome Circle Volunteer                      Training—John Murray Room</p>	<p><b>OCT 12</b>  <b>OFFICE CLOSED IN                      OBSERVANCE OF COLUMBUS                      DAY</b>                      6:30p-8:00p Integral Yoga Class—                      Channing</p>	<p><b>OCT 13</b></p>	<p><b>OCT 14</b>                      10:30-Noon Aging &amp; Saging (2nd Wed)                      —Murray                      1:00p-3:00p <b>OFFICE STAFF                      MEETING—Office closed from 1-3pm</b>                      7:00p-9:30p Adult Program Committee                      (2nd Wed) — Founders                      7:00p-9:00p e2 Covenant Circle (2nd                      Wed) - Murray                      7:00p-8:00p Music Committee—                      Robinson Lounge                      7:30-9:00p Adult Choir Practice—                      Channing Hall</p>	<p><b>OCT 15</b>                      11:45a-2:00p Women's Alliance                      Luncheon Meeting—Robinson,                      Founders                      7:00-8:30p Circle Leaders' Meeting—                      Murray                      7:30p-9:00p Bell Choir Rehearsal—                      Channing</p>	<p><b>OCT 16</b></p>	<p><b>OCT 17</b>                      10:00a Gentle Yoga                      Class—Founders Room</p>
<p><b>OCT 18—TWO Services—9:15 &amp; 11:15</b>                      9:15a Parent Coffee: 2nd/3rd—classroom                      10:20a Parent Coffee: Pre-K (both classes)                      classroom                      10:35a-11:30a Kids' Choral Rehearsal—Room 2                      11:00a-12:30p Morning Youth Group—Room 15                      11:15a-1:00p A Course in Miracles—Room 8                      1:00p-3:00p Nonviolent Communication                      Channing                      3:00p-5:00p Sunday Serenades Concert Series—                      Channing                      5:00p-7:00p Parent Coffee: 6th/7th (both                      classes)—Founders Room</p>	<p><b>OCT 19</b>                      6:30p-8:00p Integral Yoga Class—                      Channing                      7:00p-9:00p Creative Journaling                      (3rd Mon)—Founders  <b>5:00p Skylights                      NOV 2009 issue                      DEADLINE</b>  <a href="mailto:skylights@uuprinceton.org">skylights@uuprinceton.org</a></p>	<p><b>OCT 20</b>                      7:00p-9:00p Committee on                      Ministry (3rd Tue) - Murray                      7:00p-9:00p UU Legislative                      Ministry of NJ Action Team—                      Founders</p>	<p><b>OCT 21</b>                      1:30p-4:00p UU History Through                      Books—Founders                      6:30p-9:00p UU History Through                      Books—Founders                      7:30-9:00p Adult Choir Practice—                      Channing Hall</p>	<p><b>OCT 22</b>                      7:00p-8:30p Scriptures Circle (4th                      Thu) - Founders</p>	<p><b>OCT 23</b>                      6:30p-9:00p Coming of Age                      (COA) starts (1st &amp; 3rd Fri) -                      Channing Hall  </p>	<p><b>OCT 24</b>                      10:00a Gentle Yoga                      Class—Founders Room                      2:00p-4:30p East Trenton                      Center Halloween                      Party—Trenton</p> 
<p><b>OCT 25—TWO Services—9:15 &amp; 11:15</b>                      10:20a-11:10a Parent Coffee: Pre-K (both classes)                      10:35a-11:30a Kids' Choral Rehearsal—Room 2                      11:00a-12:30p Morning Youth Group—Room 15                      11:15a-1:00p A Course in Miracles—Room 8                      5:00p-7:00p Elementary OWL teacher meetings—                      Murray Room</p>	<p><b>OCT 26</b>                      10:00a-1:00p T.A.S.K.                      Volunteers—Trenton                      6:30p-8:00p Integral Yoga Class—                      Channing</p> 	<p><b>OCT 27</b>                      7:00p-9:00p Leadership Council                      (4th Tues) - Minister's Office</p>	<p><b>OCT 28</b>                      10:30-Noon Aging &amp; Saging (4th Wed)                      —Murray                      7:00p-9:00p e2 Covenant Circle (4th                      Wed) - Murray                      7:30-9:00p Adult Choir Practice—                      Channing Hall</p>	<p><b>OCT 29</b>                      7:30p-9:00p Bell Choir Rehearsal—                      Channing</p>	<p><b>OCT 30</b>                      7:00p CUUPS Full Moon                      Circle—Room 11</p>	<p><b>OCT 31</b>                      10:00a Gentle Yoga                      Class—Founders Room  </p>

### Ministers' Schedules



Rev. Barnhouse and Rev. Reed observe the following office hours:

**Rev. Meg Barnhouse**  
**Noon – 5:00 p.m.**  
**Tues through Thurs**  
**Day off: Monday**  
**Study day: Friday**

**Rev. Chris Reed**  
**11:00a.m. — 4:00p.m.**  
**Tues through Thurs**  
**Day off: Monday**  
**Study day: Friday**

Office hours indicate when ministers are in the church building. However, ministry is not confined to specific hours, and our ministers may be attending meetings at any hour of the day. In the event of emergencies needing the attention of our ministers, please contact either of them first, irrespective of time or day. If necessary, contact Jonathan Sachs, President of the Board of Trustees.

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### About Skylights

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**Next *Skylights* deadline:**  
**NOVEMBER ISSUE SUBMISSIONS DUE**  
**OCT 19**  
[skylights @ uuprinceton.org](mailto:skylights@uuprinceton.org)

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